|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **CLASS SCHEDULE** | | | | | **SCHEDULE START** | **TIME INTERVAL** | |  | | --- | | [**Class List**](#'Class_List'!A1) | | |
| 5:30 AM | 30 MIN |
| **TIME** | **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 5:30 AM |  | Mommy time | | | | | |
| 6:00 AM |  |
| 6:30 AM | **Morning exercise + rest** | | | | | | |
| 7:00 AM |
| 7:30 AM | Breakfast | | | | | | |
| 8:00 AM | Read book | | | | | | |
| 8:30 AM |
| 9:00 AM | Ki aikido | 0  Work on project0  0  0 | | | | | |
| 9:30 AM |
| 10:00 AM |
| 10:30 AM |
| 11:00 AM |
| 11:30 AM | 0Lunch time | | | | | | |
| 12:00 PM |
| 12:30 PM |  | Classes | | | | | |
| 1:00 PM |  |
| 1:30 PM |  |
| 2:00 PM |  |
| 2:30 PM |  |
| 3:00 PM |  |
| 3:30 PM |  |
| 4:00 PM |  |
| 4:30 PM |  |
| 5:00 PM |  |
| 5:30 PM | AFTERNOON EXERCISE AND REST | | | | | | |
| 6:00 PM |
| 6:30 PM | DINNER | | | | | | |
| 7:00 PM |  | Mobile device | Interaction design | Ki aikido | Interaction design | Mobile device | Interaction design |
| 7:30 PM |  |
| 8:00 PM |  |
| 8:30 PM |  |
| 9:00 PM |  |
| **9:30 PM** | **Enterprise project** | | | | | | |
| 10:00 PM |
| 10:30 PM |
| 11:00 PM | 0  SLEEP | | | | | | |
| 11:30 PM |